10 THINGS TO KNOW ABOUT GYMPANZEES

Breaking down barriers. Building brighter futures.

Gympanzees is a registered charity and Charitable Incorporated Organisation (CIO), enabling inclusive access to fitness, fun and connection for disabled people from birth to age 25. We're doing this through building the first of thirteen fully inclusive fitness and activity centres, and through our Lending Library, which puts specialist kit in the homes of people who need it. Will you help us do this?

1 A PROBLEM THAT AFFECTS 1,500,000 DISABLED CHILDREN AND YOUNG PEOPLE

Over **90,000** disabled children and young people **(aged 0-25)** live **within an hour** of our Bristol site, and **1.5m** nationally. Most main-stream leisure facilities shut families out through simple barriers; stairs, overwhelming noise, lack of specialist equipment. We're creating the **UK's first** fully inclusive exercise, play and activity centre.



THE BARRIER ISN'T THE PERSON. IT'S THE WORLD AROUND THEM.



2 WE'VE ALREADY PROVEN THE MODEL WORKS

Since **2018,** our Pop Ups have welcomed over **28,000** visits with an average Net Promoter Score of **94.** Families travel up to **eight hours** for sessions. We've seen an **18-year-old stand for the first time, a three-year-old laugh for the first time,** and so many more meaningful moments. **93%** of children are calmer and happier after sessions, with significant improvements in sleep, mood and confidence.

THIS ISN'T AN EXPERIMENT. WE'VE PROVEN THIS WORKS.

3 WE DELIVER TANGIBLE HEALTH AND DEVELOPMENTAL OUTCOMES

Our sessions lead to **measurable health improvements**. Families reported increased activity levels, stronger gross and fine motor skills, and greater confidence in movement. Sensory-rich exercise environments also supported better communication, improved social interaction, stronger concentration, improved self-regulation and growing independence.



THIS ISN'T JUST EXERCISE OR PLAY. IT'S EVIDENCE OF REAL PROGRESS.

4 OUR FIRST PERMANENT CENTRE OPENS IN 2026

A **14-acre** South Gloucestershire site with a **43,000 sq ft** building, **nine acres** of green space, **500** parking spaces. The **UK's first** permanent facility designed by, for and with disabled children and young people **(0-25).** Construction is underway.

THIS ISN'T A DREAM. IT'S WORK IN PROGRESS.

AND, THERE'S MORE

5 WE'RE RAISING MILLIONS FOR OUR CAPITAL APPEAL



Grants, trusts, foundations, individuals and partner companies have trusted us with **millions in donations** to get us this far. Every one of them has undertaken robust due diligence to know that their support will make a real difference.

MOMENTUM IS BUILDING. THE OPPORTUNITY IS NOW.

6 WE'RE SUPPORTING THE WIDER ECONOMY

11% of the UK parent workforce cares for a disabled family member. **Half** leave work to do so. **Three quarters** of those remaining step back in their roles and decline promotions. Your support helps families access essential provision, reducing the impossible choices they face between caring responsibilities and participation in work, the economy and community life.

THIS ISN'T JUST A FAMILY ISSUE. IT'S A SOCIETAL ISSUE.



7 WE'RE TACKLING AN ISOLATION CRISIS

Disabled children are **twice** as likely to be lonely as their non-disabled peers, **72%** compared to **36%.** For parents, it's even starker: **65%** feel lonely most or all of the time. We're creating connections that break the cycle of isolation affecting entire families.

THIS ISN'T JUST HELPING OUT. IT'S CHANGING LIVES.

8 WE'LL WELCOME PEOPLE 364 DAYS A YEAR

This **first centre** is a flagship project that is predicted to welcome **200,000** visits in its first full year of operation, with a sustainable business model. This will become the foundation for future centres.

BE PART OF THE FOUNDATION, NOT JUST THE FINISH.

9 THIS MODEL IS DESIGNED TO SCALE

Our long-term goal: **13** more centres across the **UK** by **2040.** Early funders aren't just backing **one** centre, you're investing in a blueprint for **systemic change.**

THIS ISN'T A ONE-OFF. THIS IS A UK WIDE TRANSFORMATION.

10 THE TIME TO ACT IS NOW

Construction has started. National media coverage is building (Sky News, ITV News, The Mirror). The **2026** opening will be **a landmark moment for disability inclusion in the UK.**

THIS IS YOUR CHANCE TO BE PART OF A WORLD FIRST.

What Happens Next?

Click here to book a call with us or get in touch!

FUNDRAISING@GYMPANZEES.ORG

Charity Number 1189375