

My visit to Move It My Way.



 **GYMPANZEES**

On Sunday, I am going to go to Move It My Way. It is in Yate and will be outside.

Move It My Way is a special day to raise money for Gympanzees, it is only there for one day.

I will go in the _____ with _____.



At Move It My Way there will be other children with their families. If I stay with _____ I will be safe and get to see lots of things.

There will be lots of marquees which will all have different things inside.

There will be games such as hook a duck and name the teddy.

There will be a soft play area, it has lots of squishy things for me to climb on.

There will be some trampolines. They are good for bouncing on. I should listen to the adults on the trampolines to keep me safe.

I can go to all of the marquees and games if I want but I don't have to play with or do anything I don't like.

I might have to wait to use some equipment or play a game if other children are using them, this will be okay as I can play with other things whilst I wait.

There will be a stage where there will be music, I can go and see the music if I want. If I don't like the music I don't have to listen, I can go to a different marquee.

There will be an athletics track where there will be challenges.



The challenges will be to run, walk or use a wheelchair around the track. If I do a challenge, I will get a medal and a certificate. I do not have to join in if I don't want to.

There will also be different machines and wheelchairs for people who would like to use them. I don't have to use them.

There will be an inflatable shoot out goal and an inflatable bungee run, this is what they will look like.



There will be a café where I can go to get a drink and a snack. I can bring my own food and drink instead if I like.



There will also be a BBQ where I can have some food, or I can bring my own. This will be okay.



If I get worried or frustrated, I can talk to _____ and they can take me somewhere quiet to help me calm down.

At the end of our visit I will get in the _____ to go home.



Going to Move It My Way will be fun. My - _____ will have a good day. I will have a good day too!

